

What does PE look like at Bartons?



At Bartons our aim is to teach children life skills that will positively impact on their future and build independence to support a lifelong love of staying healthy and keeping active. We aim to deliver high-quality teaching and learning opportunities that encourage all children to succeed in physical activities. We want to inspire children to work hard and challenge themselves so that they become physically confident and enjoy participation in competitive sports.

Through our school values and Working with Others approach, we teach learning behaviours and skills that encourage children to cooperate and collaborate with others, work as part of a team, understand fairness and equity of play.

We aim to be active for 2 hours a week in PE lessons and an additional 30 minutes a day through other curriculum subjects when possible.

Bartons hold a sports day each year to showcase our athletic achievements and celebrate our Team Bartons spirit. We are part of the West Sussex West School Sports Partnership where we receive enhanced teaching support from a specialist outstanding PE Teacher.



In EYFS and KS1 Pupils are taught to: understand the importance of being healthy, master basic movements, develop balance, agility co-ordination and control. They participate in team games, developing simple tactics for attacking and defending and perform dances using simple movement patterns.

In KS2 pupils are taught to: run, jump, throw and catch, play competitive games, become skilled at attacking and defending, develop flexibility, strength, technique, control and balance, perform dances, take part in outdoor and adventurous activity challenges and compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Healthy

Why is this important?

The national curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

"PE is great because it helps you keep fit and we learn how to take part in lots of different sports."

Jazzy

Active

Physical Education

Compete

Enrichment

We offer a wide range of extra curricular sporting activities such as Football, Dance, Gymnastics, Running, Netball, Rounders, Cricket and Karate.

We have very passionate and dedicated football and netball teams who represent Bartons in regular fixtures with schools in the locality.

We take part in the Dance House Festival every year, giving the children a chance to choreograph and perform their own unique dance at the local theatre.

PALs (playground activity leaders) are Year 5 and 6 volunteers who are trained to provide fun, active playground games and safe playtimes for all children at Bartons.

Year 6 take part in bikeability. This course is designed to increase children's bike riding confidence and skills whilst also teaching them how to be safe and responsible on the road.

We participate in a MAGT programme called Future Flyers for children who display an advanced skill level and understanding of PE alongside good leadership and behaviour qualities.



Team Bartons