**Arun Hub**

**Enabling Families**

**Are you a parent facing challenges?**

**Are you worried about a family situation or problem?**

**Would it help to talk it through**

**Littlehampton Children and Family Centre**

Clun Road, Wick, Littlehampton BN17 7DZ

**Bognor Regis Children and Family Centre**

85 Victoria Drive, Bognor Regis PO21 2TB

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| **Sessions are held at the following venues** **Between 9.30 – 12.30** |
| **Littlehampton Children and Family Centre** | **Bognor Regis Children and Family Centre** |
| **2nd and 4th Wednesday of month** | **1st and 3rd Tuesday of month** |

**Please note: Each appointment is approximately 30 minutes. Sessions will not be held on Public Bank Holidays and other dates may be subject to change.**

**“I need some guidance to help me solve the problem for myself”**

**“I can usually find a solution myself or with a little direction I can”**



**Families please call 01903 276840 for further information and to book an appointment**





